

"Women's Wisdom has allowed me feel good about myself through expression in different art mediums."
 ~Leona McLean



Yvonne Evans - Newest Board Member

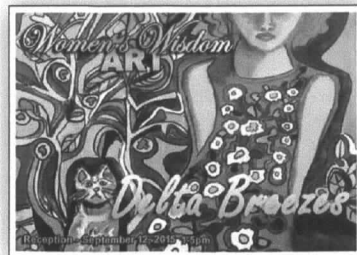
My name is Yvonne Evans and I'm the newest board member for Women's Wisdom Art. I began taking classes at Wisdom the summer of 2014. Summer is a slow time at my job so I was able to spend a few hours taking classes. While painting and doing art projects with the woman, I began to understand the value of art as a tool for healing, reflection, empowerment and self-worth.

My interest in art began as a very young girl who always loved to draw. As I became older I learned how to do other crafts such as, sewing, embroidery, crochet, macramé, and jewelry making, etc. I loved to create and I loved creating things for other people.

In high school I took a drawing and watercolor class which enhanced my skills. Even in college I found a way to tap into my artistic bent

by taking art history classes, film studies, African mask making, batik, Afro-Cuban dancing, and drawing, all while pursuing an applied mathematics degree. Thank God for liberal arts colleges!

I realized that not only do I like to create art, I love being in the presence of art and artists, which inspires me to create. I've entered some of my work in shows and through Women's Wisdom Art I've had the opportunity to have some of my art on display at various venues. I'm still trying to find my unique creative style, but I realized it is not too late to pursue my passion. While pursuing my artistic endeavors, it is also my desire to help others find their creative passion especially those who have put their passions and creativity on pause. I've started a business where I create workshops to help people bring out their creative spirit. I desire to help further the mission of Women's Wisdom Art and as a board member I believe I can provide information to extend the reach and influence of this organization.



Women's Wisdom ART

1719 25th Ave, Sacramento, CA 95816



for more information (916) 482-2608 or cell(916) 599-2608
 email helen@womenswisdomart.org check our website www.womenswisdomart.org
 and keep in touch by friending our facebook page
 Women's Wisdom Art is partially funded by a Cultural Arts Award of SMAC.
 A special thanks to "Friends of SMAC" for their nonprofit support. Tax ID 94-2796782



Volunteers engage visitors to our booth during the half time event at Cesar Chavez park on May 5th, **Big Day of Giving**.



*Laura Ann Walton, Founder of Women's Wisdom (Project)Art, has just published a book entitled **God is a Lion**. The book focuses on the Lion as a source of spiritual empowerment and creativity and includes the story of the founding of Wisdom as well as first hand experience of the inner workings of an African wildlife refuge. Laura Ann will be available on Saturday, Sept 12 at Wisdom's "Delta Breezes" reception. She will read a little from the book and be available to sign it. Proceeds of book sales on this day will go to benefit Women's Wisdom Art.*

Empowerment through Art

We believe that the best gift you can give a child, a family, a community is a woman empowered by expressing her life through the transformational process of "doing art".

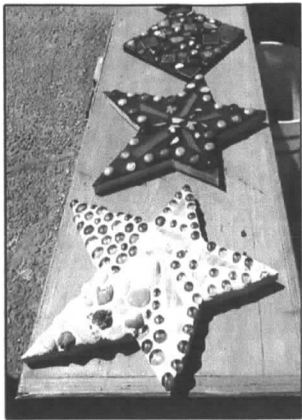
www.womenswisdomart.org



Delta Breezes

September 2-28, 2015

*Join us for a fun afternoon celebrating Art, Music, and Poetry.
 Reception - September 12, 2015 1-5 pm
 poetry readings begin at 4pm
 at our studio space 1719 25th Street(at R)*



Accomplishments

2015

Crepeville show
State Fair - Wisdom artists receive awards
Stop the Stigma events around Sacramento
Wisdom artists participate
Big Day of Giving 2015
Spring Valentines Day show
and community event
Peace and Hope show Crocker Art Museum

2014

Fall Art Show with Poetry Readings
Art Bra Show at Blue Line Arts
Quilt Show at Crocker Art Museum
Brenda Hillman Poetry Event Fundraiser
with Sacramento Poetry Center
at DDSO
Move to new studio space at R25 Arts
Complex with Sacramento Poetry Center
Spring Art Show
Crepeville show 19th and L

2013

Holiday Art Show
Slider Community Center
Smud Gallery Show
Crepeville Show
Coffee Garden Show
Franklin Blvd.
Spring Art Show
Slider Community Center

2012

Holiday art show with Poetry Readings
Big Move to location at Slider Center

Looking forward

December Story Telling event
Spring-Release of Our new
Poetry Anthology
Display of art at Crocker 2016
New classes and new opportunities for our
women artists.

Calling all Wisdom Supporters! We need your Help!

We want to thank each and every one of you for all the support you have given to Women's Wisdom Art in the past 3.5 years. Yes, we are going on our fourth year as a free-standing organization and are on the verge of GROWING, but we need your help to do it. Below are listed ways you can help along with an estimated amount of time commitment each might require:

Do you have **Bookkeeping and Accounting skills**? We need help with keeping track of Wisdom's monthly expenses & revenue in order to create a quarterly report for the Board. Most of this work can be done on-line after an introductory meeting with us. **Once set up is complete, this task may take up to 2 hours a month.**

We are looking for **more volunteer Art Teachers** for the Wisdom Classes. This activity can take a variety of forms: teach a once a week class, teach once a month, teach a workshop a couple of times of year, etc. Maximum time required would be for the once a week class - allotting an hour for preparation and two hours for the class. We are ready to offer an outreach class at the new Fruitridge Collaborative, but we need a teacher for it. At the present time, all our classes are scheduled during the day, Mon-Fri.

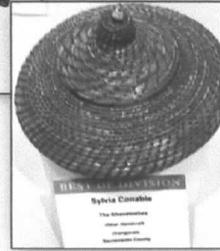
Fund Raising - although we meet monthly expenses, we are often short of funds and need to build up our fund raising. These are ways you can help:

- Identify and connect with Organizations such as corporations, businesses, women's groups who may be willing to sponsor Wisdom financially.
- Do you have contact access to any Major Individual Donors in the community who may be interested in Wisdom?
- Assist with the annual Day of Giving campaign. This is a once a year event and a major fund raiser for us. The need is to prompt your friends and contacts to go online once a year to donate to Wisdom.
- Researching Grant Opportunities for which Wisdom may qualify.
- Membership as a Wisdom Artist - one who comes to classes and creates art - is \$25 dollars a month. Enrich your life and help defray our costs.

Time commitments for any of the above fund raising activities may vary. For example, you may know one organization or one major donor who may give to Wisdom and your phone call is all that's needed. Helping with the Day of Giving is a once a year event, much of the promotion done through social media.

Wisdom Art Shows and Special Events. We need help getting the word out to constantly draw in new people. Do you know a restaurant, a cafe, a business in the community we may want to sponsor a show of Wisdom art? We also need hands on help with set up, refreshments, clean up for such events. If you help with even one event a year it may take no more than 8 hours of your time.

If you would like to offer your help in anyway, just contact us: **Helen at 916.599.2608 and/or emailing Laura Ann at catpoet@msn.com.**



Congratulations to all our artists who dared to venture beyond our studio doors, entering shows, readings and competitions all around the Sacramento Region.

Our Current Class schedule

Monday 10-12 Gourd Crafting
Monday 1-3 Mixed Media/Fabric

Wednesday 10-12 Poetry
Wednesday 1-3 Acrylics

Friday 10-3 WaterColor
Friday 1-3 Mosaics

Call for New Student orientation dates

Thank You

We would like to thank all of our wonderful donors for their support in the past few years.

Join our top twelve in keeping this much needed program alive.

Soroptimist of Greater Sacramento
Sacramento Bee -Book of Dreams
Sharon Liberatore
Bob Slakey
Spiritual Life Center
Sylvia Conable
Sacramento Textil Arts
Mary Makaus
Laura Ann Walton
Jean Rosenfeld
Victoria Jacobs
Jim and Deborah Walton
Ali Lichtenstein
Marilyn Norris

Award winners Sylvia Conable and Linda Tiefenthaler take top honors at 2015 California State Fair for their fine basketry

Journey of Hope By Yvonne Evans

The Sacramento County Office of Mental Health's initiative, The Stop Stigma Sacramento Speakers Bureau presented their inaugural Journey of Hope event. The Journey of Hope is an event where real life stories of living with mental health challenges were portrayed through art. The event coordinators matched community artists with the stories written by the people challenged with mental health. The artists interpreted the stories through various visual art mediums.

It was the intent of the coordinators of this event to raise awareness about mental health and give others insight, inspiration, hope, understanding, strength, and connection. The coordinators of the event did a superb job. The event was a success and well received by the community. The event was held on Sunday, July 12, 2015 at The Falls Event Center in Elk Grove.

Several women artists from Wisdom ART participated and submitted art work to the event including me. My work represented a man who struggled with alcohol, drug abuse and depression. Once he became sober he began working as a volunteer at the county mental office which eventually lead to a fulltime position.

The coordinators plan on doing this event next year, hopefully with even greater support from the community.